

## *Quick Marinara*

Saute together

2-tsp olive oil in a 5qt pot

1/3 cup anchovy filets rinsed & minced

3/4 cup yellow onion minced

1/4 cup fresh garlic minced

3/4 cup kalamata olives pitted & chopped

1 tsp baby capers

Add 1 large of can stanislaus trattoria sauce (available at LoRusso's)

Then season with

2 tsp. dry basil

1/2 tsp. black pepper

3/4 tsp. dry oregano

1/4-tsp. Salt

1 tsp. sugar

2 tsp. dry parsley

Cook just to heat, may be made ahead and frozen.

BUON APPETITO